

May 18/19 - Going Deeper Questions

24 hours in a day sometimes doesn't feel like enough. School, taking the garbage out, work, going to soccer practice, hitting the gym, checking email. Time seems to fly. And, time for the family soul seems to disappear. Do you ever take time for just family? Does God ever show up in your families adventures? Where should he show up? How do you even begin to nourish your soul (and your families)?

**Scripture:** Proverbs 3:5-6/Deuteronomy 6:6-9/Colossians 3:12-15

**Big Idea:** Inviting God into your family's activities allows God's grace to work on your family

**Discussion Questions**

1. If you could relive one family experience what would it be?
2. If you could put 3 items from your family, into a time capsule to be opened in 50 years, what would they be?
3. Read one (or all) of the passages above. To what extent could principles from those verses be part of a family's everyday rhythm? How?
4. What does it mean to "clothe" yourself with the attributes from Colossians 3. What does that look like as you go to work, school or interact with family at home?
5. Looking back on your family life so far (or your family of origin), to what extent has God become part of your family's rhythm and reality?
6. In the message, Scott noted a number of places to start to make God part of everyday life? What is one of those areas you could focus on this week?

**Next Steps**

If you're wondering how to begin nourishing your families soul, or you are looking for resources about family specific needs, please check out "The Family Room" located in the foyer each weekend of this series. There you will discover all the Trinity offers for all ages, family combinations and individual needs. Or online, check out [www.cpyu.org](http://www.cpyu.org) or [www.orangeparents.org](http://www.orangeparents.org) for great resources.

*"A cheerful look brings joy to the heart and good news gives health to the bones" Proverbs 15:30*